MANNATECH

Click the banner to go to the Document.

01 PATIENT INFORMATION LEAFLET EM•PACT®

02 PASIËNTINLIGTINGSBLAD EM•PACT®

03 PROFESSIONAL INFORMATION FOR EM•PACT®

PATIENT INFORMATION LEAFLET
EM•PACT®

SCHEDULING STATUS

S0

EM•PACT® powder
Multiple substance formulation
Contains sugar (11,5 g fructose per serving of 2 scoops).

COMPLEMENTARY MEDICINE:
COMBINATION PRODUCT
This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.

Read all of this leaflet carefully because it contains important information for you.

EM•PACT® is available without a doctor's prescription. Nevertheless, you still need to take EM•PACT® carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share EM•PACT® with any other person.
- Ask your pharmacist if you need more information or advice.

What is in this leaflet

1. What EM•PACT® is and what it is used for.
2. What you need to know before you take EM•PACT®.
3. How to take EM•PACT®.
4. Possible side effects.
5. How to store EM•PACT®.
6. Contents of the pack and other information.

1. What EM•PACT® is and what it is used for

EM•PACT® is a combination complementary medicine to assist energy levels during times of strenuous physical activity.

2. What you need to know before you take EM•PACT®

Do not take EM•PACT®:

- If you are hypersensitive (allergic) to any of the active ingredients or any of the other ingredients of EM•PACT® (see section 6).
- If you have abnormal constrictions of your digestive tract, or a lazy or blocked large colon (causing chronic constipation).
- If you have appendicitis (inflammation of your appendix).
- If you have an inflammatory colon disease (e.g. Crohn's disease or ulcerative

colitis).
- If you have abdominal pain with an unknown cause.
- If you have undiagnosed rectal bleeding.
- If you are severely dehydrated.
- If you have haemorrhoids (piles) or diarrhoea.
- If you are pregnant or breastfeeding.

Warnings and precautions
Take special care with EM•PACT®:
- If you have a bleeding disorder.
- If you are diabetic.
- If you are having any surgical procedure done. You should stop taking EM•PACT® two weeks before an operation.
- If you experience abdominal pain, cramps, spasms and/or diarrhoea after taking EM•PACT®, you should stop taking EM•PACT® or reduce your dose of EM•PACT®.
- If you are allergic to peanuts and soybean (the Fabaceae/Leguminosae family).

You should consult a health care provider before taking EM•PACT®:
- If you have liver or kidney problems.
- If you suffer from seizures (fits).
- If you have symptoms such as abdominal pain, nausea, vomiting, diarrhoea or fever.

Other medicines and EM•PACT®
Always tell your health care provider if you are taking any other medicine. (This includes all complementary or traditional medicines.)

Tell your doctor or pharmacist if you are currently using:
- anticoagulant medicines (used to prevent your blood from clotting) or herbal supplements with blood thinning effects;
- antibiotic medicine (used to treat bacterial infections);
- cardiac medicines (e.g. cardiac glycosides [used to treat heart failure] or antidysrhythmic medicines [used to prevent and treat abnormal heartbeats]);
- diuretics (water pills), corticosteroids (used to treat inflamed areas of your body), liquorice root or other medicines or products that may worsen electrolyte imbalance.

You should take EM•PACT® 2 hours before or after antibiotic medicines.

EM•PACT® with food and drink
See section 3.

Pregnancy and breastfeeding
If you are pregnant or breastfeeding, think you may be pregnant or are planning to have a baby, please consult your doctor, pharmacist or other health care provider for advice before taking EM•PACT®.

Do not use EM•PACT® if you are pregnant or breastfeeding (see **Do not take EM•PACT®**).

Driving and using machines
EM•PACT® is unlikely to affect your ability to drive and use machines.

3. How to take EM•PACT®

Do not share medicines with any other person.
Always take EM•PACT® exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Adults:
Mix two scoops (14 g) of EM•PACT® drink mix with 250 – 500 mL water (one serving) or mix the contents of the entire jar into 5 litres of water. For best results, drink one serving 15 – 20 minutes prior to your exercise routine. Additional EM•PACT® drink servings can be consumed during workouts extending beyond one hour.
Do not exceed the recommended dose.

If you have the impression that the effect of EM•PACT® is too strong or too weak, tell your doctor or pharmacist.

If you take more EM•PACT® than you should:
In the event of an overdosage, consult your doctor or pharmacist. If neither is available contact the nearest hospital or poison centre. Take this leaflet and the container with the remaining powder with you so the doctor will know what you have taken.

If you forget to take EM•PACT®
Take your next dose at your regular time.
Do not take a double dose to make up for forgotten individual doses.

4. Possible side effects

EM•PACT® can have side effects.
Not all side effects reported for EM•PACT® are included in this leaflet. Should your general health worsen or if you experience any untoward effects while taking EM•PACT®, please consult your health care provider for advice.

If any of the following happens, stop taking EM•PACT® and tell your doctor immediately or go to the casualty department at your nearest hospital:

- swelling of your hands, feet, ankles, face, lips, mouth or throat, which may cause difficulty in swallowing or breathing;
- rash or itching;
- fainting.

These are all very serious side effects. If you have them, you may have had a serious reaction to EM•PACT®. You may need urgent medical attention or hospitalisation.

Tell your doctor if you notice any of the following:
Side effects occurring frequently
- diarrhoea, nausea, vomiting.

Side effects occurring less frequently
- bloating, flatulence (wind), upset stomach or abdominal discomfort, burping.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

Reporting of side effects
If you get side effects, talk to your doctor or pharmacist. You can also report side effects to SAHPRA via the Med Safety APP (Medsafety X SAHPRA) and eReporting platform (who-umc.org) found on SAHPRA website.
By reporting side effects, you can help provide more information on the safety of EM•PACT®.

5. How to store EM•PACT®

- Store at or below 25 °C, in a dry place.
- Keep the container tightly closed.
- Do not use if the inner seal is missing or broken.
- STORE ALL MEDICINES OUT OF REACH OF CHILDREN.
- Do not use after the expiry date printed on the packaging.
- Return all unused medicine to your pharmacist.
- Do not dispose of unused medicine in drains and sewerage systems (e.g. toilets).

6. Contents of the pack and other information

What EM•PACT® contains
Each 14 g serving (2 scoops) contains:

Ambrotose® Complex	20 mg
providing *Larix laricina* (Du Roi) K. Koch (Larch Arabinogalactan)	(8 mg)
Aloe vera (L.) Burm.f. (Aloe) [dry inner leaf juice]	(4 mg)
Astragalus gummifer Labill. (Tragacanth) [stem]	(4 mg)
Senegalia senegal (L.) Britton (Acacia gum) [exudate]	(4 mg)
Energy and endurance complex	12,2 g
Fructose	(11,5 g)
Medium chain triglycerides	(200 mg)

Magnesium aspartate	(100 mg)
providing magnesium (elemental)	[20 mg]
Magnesium succinate	(100 mg)
providing magnesium (elemental)	[17 mg]
Potassium aspartate	(100 mg)
providing potassium (elemental)	[23 mg]
Potassium succinate	(100 mg)
providing potassium (elemental)	[33 mg]
Choline bitartrate	(50 mg)
providing choline	[21 mg]
L-carnitine	(40 mg)
Soybean lecithin	(10 mg)

The other ingredients are calcium citrate, citric acid, lemon oil powder and silicon dioxide.

What EM•PACT® looks like and contents of the pack

Off-white, crystalline powder.

HDPE container with a polypropylene cap with a silica gel sachet.

Pack size: 364 g.

Holder of Certificate of Registration

LeBasi Pharmaceuticals (Pty) Ltd
San Domenico Building, Ground Floor, Unit 6
10 Church Street
Durbanville 7551
Tel: 087 551 3245

This leaflet was last revised in

August 2026.

Registration number

To be allocated.

Access to corresponding Professional Information

https://library.mannatech.com/download/12241

PASIËNTINLIGTINGSBLAD EM•PACT®

SKEDULERINGSTATUS
S0

EM•PACT® poeier
Formule met verskeie bestanddele.
Bevat suiker (11,5 g fruktose per dosis van 2 skeplepels).

KOMPLEMENTÊRE MEDISYNE: KOMBINASIEPRODUK
Hierdie ongeregistreerde medisyne is nie vir gehalte, veiligheid of beoogde gebruik deur SAHPRA geëvalueer nie.

Lees hierdie hele inligtingsblad noukeurig deur want dit bevat inligting wat belangrik is vir jou.
EM•PACT® is beskikbaar sonder 'n dokter se voorskrif. Jy moet EM•PACT® nietemin steeds met sorg neem om die beste resultate te verkry.
- Hou hierdie inligtingsblad. Dit mag nodig wees dat jy dit weer lees.
- Moenie EM•PACT® met 'n ander persoon deel nie.
- Vra gerus jou apteker indien jy verdere inligting of advies nodig het.

Wat is in hierdie inligtingsblad

1. Wat is EM•PACT® en waarvoor word dit gebruik.
2. Wat jy moet weet voordat jy EM•PACT® neem.
3. Hoe om EM•PACT® te neem.
4. Moontlike newe-effekte.
5. Hoe om EM•PACT® te bêre.
6. Inhoud van die pak en ander inligting.

1. Wat is EM•PACT® en waarvoor word dit gebruik
EM•PACT® is 'n kombinasie- komplementêre medisyne wat help met energievlakke gedurende strawwe fisieke aktiwiteit.

2. Wat jy moet weet voordat jy EM•PACT® neem
Moenie EM•PACT® neem nie:
- Indien jy hipersensitief (allergies) is vir enige van die aktiewe bestanddele of enige van die ander bestanddele van EM•PACT® (sien afdeling 6).
- Indien jy abnormale vernouings in jou spysverteringstelsel het, of 'n lui of geblokkeerde dikderm het (wat chroniese hardlywigheid veroorsaak).
- Indien jy appendisitis het (blindedermontsteking).
- Indien jy 'n inflammatoriese siekte van die kolon het (bv. Crohn se siekte of ulseratiewe kolitis).

- Indien jy buikpyn het waarvan die oorsaak onbekend is.
- Indien jy ongediagnoseerde rektale bloeding het.
- Indien jy erg gedehidreer (ontwater) is.
- Indien jy hemorroïede (aambeie) of diarree het.
- Indien jy swanger is of borsvoed.

Waarskuwings en voorsorgmaatreëls
Neem spesiale sorg met EM•PACT®:
- Indien jy 'n bloedingsafwyking het.
- Indien jy diabeties is.
- Indien jy enige chirurgiese prosedure moet ondergaan. Jy behoort twee weke voor 'n operasie op te hou om EM•PACT® te neem.
- Indien jy buikpyn, -krampe, -spasmas en/of diarree ondervind nadat jy EM•PACT® geneem het, moet jy ophou om EM•PACT® te neem of jou dosis daarvan verlaag.
- Indien jy allergies is vir grondbone of sojabone (die plantfamilie Fabaceae/Leguminosae).

Jy behoort 'n gesondheidsorgverskaffer te konsulteer voordat jy EM•PACT® neem:
- Indien jy lewer- of nierprobleme het.
- Indien jy aan epilepsie ly (toevalle kry).
- Indien jy simptome soos buikpyn, naarheid, braking, diarree of koors het.

Ander medisyne en EM•PACT®
Sê altyd vir jou gesondheidsorgverskaffer indien jy enige ander medisyne neem. (Dit sluit alle komplementêre of tradisionele medisynes in.)

Sê vir jou dokter of apteker indien jy tans die volgende gebruik:
- antikoagulant-medisyne (gebruik om te keer dat jou bloed stol) of kruie-aanvullings met bloedverdunnende effekte;
- antibiotiese medisyne (gebruik om bakteriële infeksies te behandel);
- hartmedisyne (bv. kardiale glikosiede [gebruik om hartversaking te behandel] of antidisritmiese medisyne [gebruik om abnormale hartritme te voorkom en behandel]);
- diuretika (waterpille), kortikosteroïede (gebruik om inflammasie in jou liggaam te behandel), soethoutwortel of ander medisyne of produkte wat 'n elektrolietwanbalans kan vererger.

Jy moet EM•PACT® 2 uur voor of na antibiotiese medisyne neem.

EM•PACT® met kos en drinkgoed
Sien afdeling 3.

Swangerskap en borsvoeding
Indien jy swanger is of jou baba borsvoed, vermoed dat jy swanger mag wees of beplan om swanger te raak, raadpleeg asseblief jou dokter, apteker of ander gesondheidsorgverskaffer voordat jy EM•PACT® neem.

Moenie EM•PACT® gebruik indien jy swanger is of borsvoed nie (sien **Moenie EM•PACT® neem nie**).

Bestuur en die gebruik van masjiene
Dit is onwaarskynlik dat EM•PACT® 'n uitwerking op jou vermoë om 'n voertuig te bestuur en masjiene te gebruik sal hê.

3. Hoe om EM•PACT® te neem

Moenie jou medisyne met enigiemand anders deel nie.
Neem EM•PACT® altyd presies soos wat in hierdie inligtingsblad aangedui word, of soos wat jou dokter of apteker vir jou aangewys het. Vra gerus jou dokter of apteker indien jy onseker is.

Volwassenes:
Meng twee skeplepels (14 g) EM•PACT® poeier met 250 – 500 mL water (een dosis) of meng die inhoud van die hele houer met 5 liter water. Vir die beste resultate, drink een dosis 15 – 20 minute voor jou oefensessie. Addisionele dosisse van EM•PACT® kan gedrink word tydens oefensessies wat vir langer as een uur aanhou.
Moenie die aanbevole dosis oorskry nie.

Indien jy die indruk kry dat die uitwerking van EM•PACT® te sterk of te swak is, bespreek dit met jou dokter of apteker.

Wat om te doen indien jy meer EM•PACT® geneem het as wat jy moet:
In die geval van 'n oordosis, raadpleeg jou dokter of apteker. Indien nie een van hulle beskikbaar is nie, kontak die naaste hospitaal of gifsentrum. Neem hierdie inligtingsblad en die houer met die oorblywende poeier saam met jou, sodat die dokter kan sien wat jy geneem het.

Indien jy vergeet het om EM•PACT® te neem:
Neem jou volgende dosis op die gewone tyd.
Moenie 'n dubbele dosis neem om te vergoed vir die individuele dosis wat oorgeslaan is nie.

4. Moontlike newe-effekte

EM•PACT® kan newe-effekte hê.
Nie alle newe-effekte wat vir EM•PACT® gerapporteer is, word in hierdie inligtingsblad ingesluit nie. Indien jou algemene gesondheid verswak of indien jy enige ongunstige effekte ondervind terwyl jy EM•PACT® neem, raadpleeg asseblief jou gesondheidsorgverskaffer.

Indien enige van die volgende gebeur, hou op om EM•PACT® te neem en sê onmiddellik vir jou dokter of gaan na die ongevalle-afdeling by jou naaste hospitaal:

- swelling van jou hande, voete, enkels, gesig, lippe, mond of keel, wat probleme kan veroorsaak met sluk en asemhaling

- uitslag of gejeuk
- floute.

Hierdie is baie ernstige newe-effekte. Indien jy enige daarvan ondervind, mag jy 'n ernstige reaksie op EM•PACT® gehad het. Jy mag dringend mediese bystand of hospitalisasie benodig.

Sê vir jou dokter indien jy enige van die volgende opmerk:
Newe-effekte wat dikwels voorkom
- diarree, naarheid, braking.

Newe-effekte wat minder dikwels voorkom
- opgeblasenheid, flatulensie (winderigheid), omgekrapte maag of buikongemak, bring winde op.

Indien jy enige newe-effekte opmerk wat nie in hierdie inligtingsblad genoem word nie, lig asseblief jou dokter of apteker in.

Rapportering van newe-effekte
Indien jy newe-effekte ondervind, bespreek dit met jou dokter of apteker. Jy kan ook newe-effekte aan SAHPRA rapporteer via die Med Safety-toepassing (Medsafety X SAHPRA) en eRapportering-platform (who-umc.org), wat op SAHPRA se webwerf beskikbaar is.
Deur newe-effekte te rapporteer kan jy help om meer inligting rakende die veiligheid van EM•PACT® te verskaf.

5. Hoe om EM•PACT® te bêre

- Bêre by of onder 25 °C, op 'n droë plek.
- Hou die houer dig toe.
- Moenie gebruik indien die seël aan die binnekant weg of beskadig is nie.
- BÊRE ALLE MEDISYNE BUITE BEREIK VAN KINDERS.
- Moenie gebruik ná die vervaldatum wat op die verpakking gedruk is nie.
- Neem alle ongebruikte medisyne terug na jou apteker.
- Moenie ongebruikte medisyne in dreine en rioolstelsels (bv. toilette) wegdoen nie.

6. Inhoud van die pak en ander inligting

Wat EM•PACT® bevat
Elke dosis van 14 g (2 skeplepels) bevat:

Ambrotose® Complex	20 mg
verskaf *Larix laricina* (Du Roi) K.Koch (Lariks Arabinogalaktaan)	(8 mg)
Aloe vera (L.) Burm.f. (Aalwyn) [droë sap van binneste blaar]	(4 mg)
Astragalus gummifer Labill. (Tragakant) [stam]	(4 mg)

Senegalia senegal (L.) Britton (Akasiagom) [eksudaat]	(4 mg)
Energie- en uithouvermoëkompleks	12,2 g
Fruktose	(11,5 g)
Mediumkettingtrigliseriede	(200 mg)
Magnesiumaspartaat	(100 mg)
verskaf magnesium (elementêr)	[20 mg]
Magnesiumsuksinaat	(100 mg)
verskaf magnesium (elementêr)	[17 mg]
Kaliumaspartaat	(100 mg)
verskaf kalium (elementêr)	[23 mg]
Kaliumsuksinaat	(100 mg)
verskaf kalium (elementêr)	[33 mg]
Cholienbitartraat	(50 mg)
verskaf cholien	[21 mg]
L-karnitien	(40 mg)
Sojaboonlesitien	(10 mg)

Die ander bestanddele is kalsiumsitraat, sitroensuur, suurlemoenoliepoeier en silikondioksied.

Hoe EM•PACT® lyk en inhoud van die verpakking
Naaswit, kristallyne poeier.
HDPE-houer met 'n polipropileendeksel met 'n silika jel sakkie.
Verpakkingsgrootte: 364 g.

Houer van die registrasiesertifikaat
LeBasi Pharmaceuticals (Edms.) Bpk.
San Domenico-gebou, Grondvloer, Eenheid 6
Kerkstraat 10
Durbanville 7551
Tel: 087 551 3245

Hierdie inligtingsblad is laas hersien in
Augustus 2026.

Registrasienommer
Sal met registrasie deur SAHPRA toegeken word.

Toegang tot die ooreenstemmende Professionele Inligtingsblad
https://library.mannatech.com/download/12241

PROFESSIONAL INFORMATION FOR EM•PACT®

COMPLEMENTARY MEDICINE: COMBINATION PRODUCT
This unregistered medicine has not been evaluated by SAHPRA for its quality, safety or intended use.
SCHEDULING STATUS
S0

1. NAME OF THE MEDICINE

EM•PACT® powder

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each 14 g serving (2 scoops) contains:

Ambrotose® Complex	20 mg
providing *Larix laricina* (Du Roi) K.Koch (Larch Arabinogalactan)	(8 mg)
Aloe vera (L.) Burm.f. (Aloe) [dry inner leaf juice]	(4 mg)
Astragalus gummifer Labill. (Tragacanth) [stem]	(4 mg)
Senegalia senegal (L.) Britton (Acacia gum) [exudate]	(4 mg)
Energy and endurance complex	12,2 g
Fructose	(11,5 g)
Medium chain triglycerides	(200 mg)
Magnesium aspartate	(100 mg)
providing magnesium (elemental)	[20 mg]
Magnesium succinate	(100 mg)
providing magnesium (elemental)	[17 mg]
Potassium aspartate	(100 mg)
providing potassium (elemental)	[23 mg]
Potassium succinate	(100 mg)
providing potassium (elemental)	[33 mg]
Choline bitartrate	(50 mg)
providing choline	[21 mg]
L-carnitine	(40 mg)
Soybean lecithin	(10 mg)

Excipients with known effect:
Contains sugar (11,5 g fructose per serving of 2 scoops).

For the full list of excipients, see section 6.1.

3. PHARMACEUTICAL FORM

Powder.
Off-white, crystalline powder.

4. CLINICAL PARTICULARS

4.1 Therapeutic indications

EM•PACT® is a combination complementary medicine to assist energy levels during times of strenuous physical activity.

4.2 Posology and method of administration

Adults: Mix two scoops (14 g) of EM•PACT® drink mix with 250 – 500 mL water (one serving) or mix the contents of the entire jar into 5 litres of water. For best results, drink one serving 15 – 20 minutes prior to your exercise routine. Additional EM•PACT® drink servings can be consumed during workouts extending beyond one hour.
Do not exceed the recommended dosage.

4.3 Contraindications

- Hypersensitivity to any of the ingredients listed in section 2 or to any of the excipients listed in section 6.1.
- Abnormal constrictions of the gastrointestinal tract, potential or existing intestinal blockage, atonic bowel, appendicitis, inflammatory colon disease (e.g. Crohn's disease or ulcerative colitis), abdominal pain of unknown origin, undiagnosed rectal bleeding, severe dehydration with depleted water or electrolytes, haemorrhoids or diarrhoea.
- Pregnancy or lactation.

4.4 Special warnings and precautions for use

Surgery:
EM•PACT® might interfere with blood glucose control and increase the risk of bleeding during and after surgical procedures. Patients should be advised to discontinue EM•PACT® at least 2 weeks prior to any surgical procedures (see section 4.5).

Liver, kidney and seizure disorders:
Patients with a liver disease, kidney disease, or a seizure disorder should consult a health care provider prior to use.

Gastro-intestinal disorders:
Patients with faecal impaction or symptoms such as abdominal pain, nausea, vomiting, bloody diarrhoea or fever should consult a health care provider prior to use.

If abdominal pain, cramps, spasms and/or diarrhoea is experienced after taking EM•PACT®, patients should stop taking EM•PACT® or reduce the dose.

Cross-sensitivity:
Patients allergic to peanuts and soybean (the Fabaceae / Leguminosae family) might have an allergic reaction to EM•PACT®.

4.5 Interaction with other medicines and other forms of interaction
Anticoagulant or antiplatelet medicines:
EM•PACT® may potentiate the effects of anticoagulant and antiplatelet medicines or herbal supplements with blood thinning effects (see section 4.4).

Antibiotic medicines:
Concomitant use of certain antibiotic medicines with EM•PACT® may decrease its effectiveness. The administration of antibiotic medicines and EM•PACT® should be separated by at least 2 hours.

Medicines causing electrolyte imbalances:
Patients taking cardiac medicines (e.g. cardiac glycosides or antidysrhythmic medicines), thiazide diuretics, corticosteroids, liquorice root, or other medicines or health products that may aggravate electrolyte imbalance, should consult with a health care provider prior to use.

4.6 Fertility, pregnancy and lactation
EM•PACT® should not be used during pregnancy and lactation (see section 4.3).

4.7 Effects on ability to drive and use machines
EM•PACT® is unlikely to affect the ability to drive and use machines.

4.8 Undesirable effects
Immune system disorders:
Less frequent: hypersensitivity/allergic reactions.

Gastrointestinal disorders:
Frequent: diarrhoea, gastrointestinal irritation, nausea, vomiting.
Less frequent: bloating, flatulence, upset stomach, belching, abdominal discomfort.

Reporting of suspected adverse reactions:
Reporting suspected adverse reactions after authorisation of EM•PACT® is important. It allows continued monitoring of the benefit/risk balance of EM•PACT®. Health care providers are asked to report any suspected adverse drug reactions to SAHPRA via the Med Safety APP (Medsafety X SAHPRA) and eReporting platform (who-umc.org) found on SAHPRA website.

4.9 Overdose
In overdose, side effects can be precipitated and/or be of increased severity. See section 4.8.
In the event of overdose, treatment should be symptomatic and supportive.

5. PHARMACOLOGICAL PROPERTIES
Category and class: D 33.7 Combination Product.

Mechanism of action:
Aloe has anti-inflammatory, antioxidant and immune-boosting properties.
Larch arabinogalactan has immune-boosting properties.
When ingested, the bulk of tragacanth stretches the intestinal wall, increasing peristalsis. It increases stool mass and decreases gastrointestinal (GI) transit time.
Acacia gum is a water-soluble dietary fibre. It is not absorbed from the gastrointestinal tract and passes through the small intestines unchanged. It is fermented to short-chain fatty acids in the large intestines.
Magnesium contributes to the maintenance of normal muscle function.
Medium chain triglycerides are made from hydrolised coconut oil or palm kernel oils and provide nutritional support during athletic performance.
Choline helps support liver function and is a factor in the maintenance of good health.
Soybean oil is a rich source of polyunsaturated fatty acids, containing more than 50 % linoleic acid and less than 10 % palmitic acid.
L-carnitine supports muscle tissue repair in individuals involved in resistance training, improves physical performance when used in conjunction with a training regimen and delays fatigue during physical activity.

6. PHARMACEUTICAL PARTICULARS

6.1 List of excipients
Calcium citrate
Citric acid (E330)
Lemon oil powder
Silicon dioxide.

6.2 Incompatibilities
Not applicable.

6.3 Shelf life
9 months.

6.4 Special precautions for storage
Store at or below 25 °C, in a dry place.
Keep the container tightly closed.
Do not use if inner seal is missing or broken.

6.5 Nature and contents of container
HDPE container with a polypropylene cap with a silica gel sachet.
Pack size: 364 g.

6.6 Special precautions for disposal and other handling
No special requirements.

7. HOLDER OF CERTIFICATE OF REGISTRATION
LeBasi Pharmaceuticals (Pty) Ltd
San Domenico Building, Ground Floor, Unit 6
10 Church Street
Durbanville 7551
South Africa

8. REGISTRATION NUMBER
Will be allocated by SAHPRA upon registration.

9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION
Will be allocated by SAHPRA upon registration.

10. DATE OF REVISION OF THE TEXT
August 2026