



TruHealth™ Cleanse Sticks





DETOXIFY & RENEW WITH CONFIDENCE

Product Overview:

TruHealth Cleanse™ is your go-to solution for natural detoxification and digestive wellness. Now available in a convenient Slimstick format, this herbal dietary supplement is expertly formulated with a blend of prebiotic fiber, alkalizing greens, and powerful botanicals to help support gut health, promote cellular vitality, and give your body the daily reset it craves.*

Whether you're looking for everyday cleansing or a more intensive flush, TruHealth Cleanse™ offers flexible support that fits your lifestyle.

key benefits

-  **Supports Gentle Detoxification:**
Helps the body eliminate impurities with a synergistic blend of botanicals like Milk Thistle, Burdock Root, and Turmeric.*
-  **Promotes Digestive Wellness:**
Promotes healthy blood sugar levels already in the normal range and supports lipid metabolism.*
-  **Alkalizing Cellular Support:**
Featuring our Green Alkalizing Blend and CeleryPure™ Blend to help support the body's natural pH balance.*
-  **Convenient Slimstick Format:**
Easily mix with water for a refreshing strawberry apple flavor anytime, anywhere.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



unique
ingredient blends

- **Green Alkalizing Blend (243 mg)**
Alfalfa, Wheat Grass, Barley Grass, Lemon Juice, Kale, Astragalus, Spirulina, Oat Grass, Chlorella
- **CeleryPure™ Blend (200 mg)**
Celery Extract, Lemon, Apple Juice, Ginger, Cayenne
- **Enzyme Blend (5.5 mg)**
Includes Alpha-Amylase, Neutral Protease, Lactase, Lipase, and Cellulase

how to
use it

For Everyday Cleansing:
Mix 1 slimstick with 8-12 oz. cold water and take once daily.

For Deep Cleansing:
Mix 1 slimstick with 8-12 oz. of cold water and take 4 times daily – morning, noon, afternoon and evening.

other notable
ingredients

- **FOS (Fructooligosaccharides)**
A prebiotic fiber that supports healthy digestion*
- **Manapol® Aloe Vera Extract**
A proprietary inner leaf gel extract that supports wellness at the cellular level*
- **Vitamin B6**
Helps support metabolism and energy production*

clean label
& quality

- No artificial flavors or preservatives
- Naturally sweetened with Xylitol and Stevia (Rebaudioside A)
- Gluten-free, vegetarian-friendly
- Manufactured under strict quality controls in the USA

Supplement Facts		
Serving Size 1 slimstick		
Servings Per Container 30		
	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	2 g	<1%‡
Xylitol	2 g	
Vitamin B ₆ (as Pyridoxine hydrochloride)	0.5 mg	29%
FOS (Fructooligosaccharides)	300 mg	**
Green Alkalizing Blend	243 mg	**
Alfalfa grass (leaves), Wheat grass (leaves), Barley grass (leaves), Lemon juice (fruit), Kale (leaves), Astragalus extract (root), Spirulina, Oat grass (leaves), Chlorella		
CeleryPure Blend	200 mg	**
Celery extract (stem, leaf), Lemon (fruit), Apple juice (fruit), Ginger extract (root), Cayenne (fruit)		
Milk thistle extract (seed)	120 mg	**
Burdock (root)	25 mg	**
Turmeric (root)	25 mg	**
Enzyme Blend	5.5 mg	**
Alpha-Amylase, Neutral Protease, Lactase, Lipase and Cellulase		
Aloe vera extract† (inner leaf gel)	2 mg	**
‡Percent Daily Value based on a 2,000 calorie diet.		
**%Daily Value (DV) not established.		

Other Ingredients: Xylitol, malic acid, natural flavors, citric acid, rebaudioside A

†Manapol® Aloe vera inner leaf gel extract

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At Mannatech, we believe in science-backed, naturally inspired innovation. Every ingredient in TruHealthCleanse™ is carefully chosen to support your health at the cellular level —because “When Your Cells Talk, Your Body Listens.”



SCAN FOR MORE INFO



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