

1. What are the benefits of Mannatech Women's PREMIER 7™?

Mannatech Women's PREMIER 7 capsules are a specially formulated women's health and herbal formula, specifically designed to support a woman's mood, libido, cardiovascular and endocrine systems. When taken daily as directed, Mannatech Women's PREMIER 7 capsules have several benefits:

- Support the mind and body's feeling of calmness*
- May improve sex drive and libido*
- Support healthy female sexual function*
- Support mood*
- Support cardiovascular health*
- May increase energy and vitality*
- Support endocrine health*

2. What are the ingredients in Mannatech Women's PREMIER 7 that make it so effective?

- **SENSORIL® ashwagandha** – The herb Ashwaganda (*Withania somnifera*) has been used for centuries as an adaptogen to support the body's response to stress, and SENSORIL is the best-selling ashwagandha extract in the market. It is derived from a unique blend of the leaves and roots of *Withania somnifera* and is organic and non-GMO. SENSORIL has been available in the United States market for more than 12 years. It is supported by 11 scientific studies.*
- **Maca root** – Maca is a Peruvian plant with strong adaptogen properties that supports hormone balance, may help increase libido, lifts mood and boosts stamina.*
- **Trimethylglycine (Beet root)** – Promotes healthy mood.
- **Suma Root (Brazilian Ginseng)** – An adaptogen which helps support the body's response to stress, increase vitality, and makes our bodies more resistant to illness. This herb is also thought to provide powerful female libido support.
- **Arabinogalactan** – Sourced from larch trees, arabinogalactan supports healthy gut microflora.*
- **Gum tragacanth** – Can be digested by a number of bacteria that inhabit the human colon, including the beneficial Bifidobacteria species.*
- **Aloe Vera Extract** – Sourced from aloe vera plants grown in Costa Rica, Mannatech's proprietary aloe vera extract (Manapol®) contains mannose-rich polysaccharides, also known as Acemannan, a key glyconutrient sugar believed to account for many of the benefits of aloe vera gel.*
- **Passion Flower** – Provides support for relieving stress and improving mood.*
- **Cranberry** – A source of phytonutrients, important to the daily diet.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

3. How many capsules should be taken each day?

The daily recommended amount is three (3) capsules. Each bottle provides a 30-day supply of 90 capsules.

4. Is Mannatech Women's PREMIER 7 vegan friendly?

Yes. It is also Gluten-free, Dairy-free, Soy-free, MSG-free and synthetic-free. Mannatech Women's PREMIER 7 is made with scientifically sound ingredients that are backed by human scientific support.

5. Can I use Mannatech Women's PREMIER 7 with other Mannatech products?

Yes. Mannatech Women's PREMIER 7 capsules can be taken with any/all of Mannatech's products. We specifically recommend:

- GinMAX® – Supports mental and physical energy*
- PLUS™ – Provides support for hormonal and cardiovascular health*
- EMPACT+™ performance drink mix – Provides natural energy for active lifestyles*

6. Who is Mannatech Women's PREMIER 7 suitable for?

While Mannatech Women's PREMIER 7 may be taken by adult women ages 18+, it is intended for women 30+ in age. It is designed for women who are concerned about their overall mood, energy levels, and endocrine system and for those seeking improved sex drive and libido. Mannatech Women's PREMIER 7 is a women's health product that can be taken to support healthy endocrine levels but should not be considered a hormone replacement product. We recommend consulting your physician before use.

7. Is there a product similar to Mannatech Women's PREMIER 7 that is formulated for men?

Yes! Mannatech Men's PRIME 7™ is designed for men. When taken as directed, it can:

- Improve sex drive & libido*
- Support healthy erectile function*
- Improve stamina & vitality*
- Support healthy testosterone levels*
- Support prostate health & healthy urinary tract*
- Support cardiovascular health*
- Support mood and help maintain normal hormonal balance*

8. Is Mannatech Women's PREMIER 7 safe to take if I have a heart condition?

There are no anticipated negative impacts on the heart or the cardiovascular system associated with Mannatech Women's PREMIER 7. In fact, it is formulated to support cardiovascular health. However, as with any supplement, if you are taking medication, have a health condition or are planning a medical procedure, consult your health professional before use.

9. Do Mannatech Women's PREMIER 7 capsules need to be taken with food?

Mannatech Women's PREMIER 7 capsules can be taken with or without food with no change in its efficacy.

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10. How does Mannatech Women's PREMIER 7 compare to PLUS?

Please refer to the chart outline below for features and benefits:

PLUS	WOMEN'S PREMIER 7
Support for Both Men and Women	Support for Women Only
<p>VALUE: Stress and environmental factors can negatively affect your endocrine system and disrupt your hormonal balance, muting your body's natural ability to recover from physical and emotional stress.</p> <p>PLUS gives your endocrine system extra help from naturally sourced ingredients. A healthy endocrine system provides a full array of hormones that help regulate organ health, sleep and even your mood!*</p>	<p>VALUE: A specially formulated health product targeted specifically for women. This product is designed for women who are concerned about their health, overall mood, energy levels, and endocrine system and for those seeking improved sex drive and libido.</p>
<p>BENEFITS:</p> <ul style="list-style-type: none"> • Supports bone health* • Supports prostate health* • Supports colon health* • Helps maintain a healthy cardiovascular system* • Includes amino acids that play important roles in protein synthesis* • Helps the health of your immune and nervous systems* • Contains natural ingredients including Glyconutrients† 	<p>Women's PREMIER 7 when taken daily:</p> <ul style="list-style-type: none"> • Supports the mind and body's feeling of calmness* • May improve sex drive and libido* • Supports healthy female sexual function* • Supports mood* • Supports cardiovascular health* • May increase energy and vitality* • Supports endocrine health*

11. Is Mannatech Women's PREMIER 7 safe to take while pregnant?

It is often advised to avoid taking some supplements that may contain certain herbal ingredients during pregnancy. We suggest that you consult your doctor before taking any Mannatech supplements if you are pregnant, trying to get pregnant or breastfeeding.

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† Glyconutrients are beneficial saccharides found in nature

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