



# Pure, Plant-Based Nutrition

## The Perfect Healthy Drink for People on the Move



At last, there's Superfood Greens and Reds—a **pure, plant-based nutritional drink mix designed to help you increase your daily intake of fruits and veggies**. Superfood drink mix is a comprehensive blend containing vitamin C, aloe, prebiotic fibres and 16 fruits and vegetables.

Bursting with potent vitamins, minerals, chlorophyll and phytonutrients, Superfood also has a very special added ingredient: Soursop, an ancient, powerful superfruit that contains antioxidants!

Superfood is a concentrated greens and reds powder containing fruits and vegetables that goes far beyond basic green powders. A delicious strawberry-kiwi flavour that's excellent for athletes and professionals who are trying to increase their daily nutrition.

### Superfood Greens and Reds drink mix has many benefits:

- Ketogenic and vegan friendly.
- Free from preservatives, artificial colors, artificial flavors or artificial sweeteners.
- Non-irradiated.
- Made with organic strawberry, raspberry, blueberry, tart cherry, elderberry, and cranberry.
- Contains Betaine, sourced from beet root, which is a powerful amino acid.
- Contains 4g of fibre per serving.
- Contains Mannatech's proprietary Glyconutrient<sup>†</sup> blend.



### DID YOU KNOW

Only half of adults meet the recommended dietary guidelines for their daily servings of fruit and just one third get enough vegetables.<sup>1</sup>

<sup>†</sup>Glyconutrients are beneficial saccharides found in nature.

<sup>1</sup>SOURCE: <https://www.csiro.au/~media/News-releases/2017/Diets-lacking-fruit-veg/Text-version-Fruit-Vegetables-and-Diet-Score-April-2017.txt>

# Superfood Greens and Reds

## Typical Nutritional Information

Serving Size: 1 scoop (6,4 g)

This container provides approximately 30 servings.

Typical Values	Per 100 g	Per Serving (% NRV)
Energy	1552 kJ	99 kJ
Protein	32 g	2 g
Glycaemic carbohydrates (g)	59 g	4 g
- Sugars	3 g	0 g
- Fibre†	58 g	4 g
Fat	1 g	0 g
- Saturated Fat	0 g	0 g
Sodium	396 mg	25 mg
Vitamin C (as ascorbic acid)	469 mg	30 mg (30%)

Nutrient Reference Value (NRVs) for individuals 4 years and older.

† Fibre method - AOAC

**Recommended Adult Use:** Add one scoop (6,4 g) to 250 mL of water and mix well.

**Ingredients:** Betaine, natural flavourants, isomaltooligosaccharides, soursop (graviola), spinach, carrot, citric acid, acacia gum, broccoli, alfalfa juice concentrate, malic acid, spirulina, sweetener (steviol glycosides), ascorbic acid, kale, pomegranate, prune, organic strawberry, organic blueberry, organic raspberry, acerola cherry, organic tart cherry, organic elderberry, arabinogalactan\*, organic cranberry, gum tragacanth, aloe vera extract powder\*\*.

\*AmbroGuard™ Arabinogalactan

\*\* Manapol® Aloe vera extract powder

Do not use if bag is torn or open. Store in a cool, dry place.

**Product Number/Produktnummer: 24017**

**mannatech.com**

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**COMPLEMENTARY PRODUCTS:**  
These great Mannatech products pair well with Superfood:

### Ambrotose®—

Ambrotose powders are formulated with a specialized blend of special plant saccharides called Glyconutrients to support your immune system. With an added bonus of digestive system support, these powders help keep your health at its best.



### Catalyst™—

Catalyst caplets provide vitamins A, E, the B complex vitamins (thiamin, riboflavin, niacin, pantothenic acid, B6, folate and B12); as well as magnesium, selenium, zinc and chromium.



### TruPLENISH™—

Packed with 20 grams of plant-based protein that help keep you satisfied, our fibre-rich TruPLENISH Shake also comes with vitamins, minerals, probiotics, enzymes and Glyconutrients.



**CONTACT ME FOR SUPERFOOD!**

