MANNATECH

TruHealth™ Cleanse Sticks

DETOXIFY & RENEW WITH CONFIDENCE

Product Overview:

TruHealth Cleanse™ is your go-to solution for natural detoxification and digestive wellness. Now available in a convenient Slimstick format, this herbal dietary supplement is expertly formulated with a blend of prebiotic fiber, alkalizing greens, and powerful botanicals to help support gut health, promote cellular vitality, and give your body the daily reset it craves.

Whether you're looking for everyday cleansing or a more intensive flush, TruHealth Cleanse™ offers flexible support that fits your lifestyle.

key benefits

- **Supports Gentle Detoxification:** Helps the body eliminate impurities with a synergistic blend of botanicals like Milk Thistle, Burdock Root, and Turmeric.
- **Promotes Digestive Wellness:** Promotes healthy blood sugar levels already in the normal range and supports lipid metabolism.
- **Alkalizing Cellular Support:** Featuring our Green Alkalizing Blend and CeleryPure™ Blend to help support the body's natural pH balance.
- **Convenient Slimstick Format:** Easily mix with water for a refreshing strawberry apple flavor anytime, anywhere.



unique ingredient blends

- **Green Alkalizing Blend** (243 mg)
  Alfalfa, Wheat Grass, Barley Grass, Lemon Juice, Kale, Astragalus, Spirulina, Oat Grass, Chlorella
- **CeleryPure™ Blend** (200 mg)
  Celery Extract, Lemon, Apple Juice, Ginger, Cayenne
- **Enzyme Blend (5.5 mg)**
  Includes Alpha-Amylase, Neutral Protease, Lactase, Lipase, and Cellulase

other notable ingredients

- **FOS (Fructooligosaccharides)**
  A prebiotic fiber that supports healthy digestion
- **Manapol Aloe Vera Extract**
  A proprietary inner leaf gel extract that supports wellness at the cellular level
- **Vitamin B_6**
  Helps support metabolism and energy production

how to use it

For Everyday Cleansing:

Mix 1 slimstick with 8-12 oz. cold water and take once daily.

For Deep Cleansing:

Mix 1 slimstick with 8-12 oz. of cold water and take 4 times daily – morning, noon, afternoon and evening.

clean label & quality

- No artificial flavors or preservatives
- Naturally sweetened with Xylitol and Stevia (Rebaudioside A)
- Gluten-free, vegetarian-friendly
- Manufactured under strict quality controls in the USA

Supplement Facts

Serving Size 1 slimstick
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	2 g	<1%‡
Xylitol	1 g	
Vitamin B_6 (as Pyridoxine hydrochloride)	0.5 mg	29%
FOS (Fructooligosaccharides)	300 mg	**
Green Alkalizing Blend Alfalfa grass (leaves), Wheat grass (leaves), Barley grass (leaves), Lemon juice (fruit), Kale (leaves), Astragalus extract (root), Spirulina, Oat grass (leaves), Chlorella	243 mg	**
CeleryPure Blend Celery extract (stem, leaf), Lemon (fruit), Apple juice (fruit), Ginger extract (root), Cayenne (fruit)	200 mg	**
Milk thistle extract (seed)	240 mg	**
Burdock (root)	25 mg	**
Turmeric (root)	30 mg	**
Enzyme Blend Alpha-Amylase, Neutral Protease, Lactase, Lipase and Cellulase	5.5 mg	**
Aloe vera extract† (inner leaf gel)	2 mg	**

‡Percent Daily Value based on a 2,000 calorie diet.
**%Daily Value (DV) not established.

Other Ingredients: Xylitol, malic acid, natural flavors, citric acid, rebaudioside A

Manufactured in South Korea for Mannatech, Incorporated,
1410 Lakeside Parkway, Suite 200, Flower Mound, TX 75028 USA

†Manapol® Aloe vera inner leaf gel extract

US.28001B.33.001

At Mannatech, we believe in science–backed, naturally inspiredinnovation. Every ingredient in TruHealthCleanse™ is carefully chosen to supportyour health at the cellular level —because "When Your Cells Talk, Your Body Listens."

SCAN FOR MORE INFO



MANNATECH

© 2026 Mannatech, Incorporated, All rights reserved.
TruHealth and Design, Mannatech, Manapol, Ambrotose, Ambrotose Life, GI-Probalance, Ambroguard, TruEdge, Osolean and Stylized M Design are trademarks of Mannatech, Incorporated.

MANNATECH.COM

001-Cleanse-SlimStick-US-ES-25-0922