

# TruHealth 30-Day System

## Detox, Nourish, and Transform



The TruHealth 30-Day System is a comprehensive program designed to detoxify your body, nourish it with essential nutrients, and support healthy weight management.\*

### All-Vegan, Decadent Vanilla TruHealth Shake:

- Fires up a healthy metabolism and powers up a steady energy level\*
- Aids in weight loss, tames cravings and safeguards muscle mass\*‡
- Champions lean muscle development, muscle recovery and strength\*
- Can help boost nutrient absorption and fosters a healthy gut-brain axis\*
- Provides an excellent source of protein, helps keep hunger at bay and aids workout recovery\*
- Promotes digestive health with digestive enzymes and prebiotic fiber\*



### Strawberry Apple TruHealth Cleanse Slimsticks:

- Supports your body's natural detox process and sends harmful impurities packing\*
- Gives your skin a vitality boost and contributes to a lighter, brighter you\*
- Nourishes your body with a hydrating blend of vitamin B<sub>6</sub>, greens, prebiotic fiber and enzymes\*
- Champions total body support, including cellular health and healthy aging\*
- Contains an alkalizing greens blend for overall health and wellness\*
- Helps reduce feelings of bloating\*



### TruHealth Satiety - Capsules

- Supports stable blood sugar levels already in the normal range and balanced energy throughout the day.\*
- Optimizes metabolic processes, including carbohydrate and lipid metabolism, for efficient energy utilization.\*
- Promotes gut health, supports a healthy microbiome and digestive regularity.\*
- Enhances cellular communication, supporting overall vitality and well-being.\*



CONTACT THE PERSON WHO SHARED THIS INFORMATION AND ORDER YOUR TRUHEALTH BUNDLE TODAY!

‡When taken in conjunction with a reduced calorie diet and regular exercise.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

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