

OSOLEAN[®]

OSOLEAN[®] CHOCOLATE

FAQs



1 WHAT IS OSOLEAN?

OsoLean is a scientifically tested whey protein supplement designed to support fat loss while helping to protect lean muscle when combined with the OsoLean plan, a reduced-calorie diet, and exercise.*†† It provides high-quality protein, naturally occurring branched-chain amino acids (BCAAs), and sialic acid—a glycan† that supports cellular communication and metabolic health.*

2 WHAT IS THE DIFFERENCE BETWEEN OSOLEAN AND OSOLEAN CHOCOLATE?

Both products feature the same science-backed formula and sialic acid glycan support.* The difference is in flavor preference:

- OsoLean (Unflavored): Designed for versatility—add it to smoothies, soups, or even your morning coffee.
- OsoLean Chocolate: Offers the same benefits with a smooth, cocoa flavor that can be enjoyed on its own, mixed with milk or water, or stirred into coffee or hot water for a comforting, chocolate-style beverage.

3 WHAT ARE THE KEY BENEFITS OF TAKING OSOLEAN?

- Supports fat loss while maintaining lean muscle mass when used with a healthy diet and exercise.*††
- Helps improve lean mass-to-fat ratio.*
- Provides high-quality protein and calcium.
- Helps curb cravings and promote satiety.*
- Contains naturally occurring BCAAs, including leucine, to support muscle growth and recovery.*
- Features sialic acid, a glycan that supports cellular health and communication.†
- Free from MSG, fillers, artificial flavors, colors, preservatives, and artificial sweeteners.

4 WHAT MAKES OSOLEAN UNIQUE?

Unlike ordinary protein powders, OsoLean features a patented partially hydrolyzed whey protein isolate and whey mineral complex, which OsoLean also contains sialic acid, a naturally occurring glycan† that helps support cell-to-cell communication and metabolic processes.*

5 WHAT IS THAUMATIN AND WHY IS IT USED IN OSOLEAN CHOCOLATE?

Thaumatococcus is a natural, plant-based sweetener and flavor enhancer extracted from the Katemfe fruit (Thaumatococcus daniellii), native to West Africa. It's a protein-based ingredient that provides a pleasant, well-balanced sweetness without added sugar or artificial additives. Thaumatococcus allows OsoLean[®] Chocolate to deliver a smooth cocoa flavor that complements the product's clean-label and simple ingredients profile.

6 HOW SHOULD I TAKE OSOLEAN?

For best results, take OsoLean twice daily, ideally 20 minutes before breakfast and 20 minutes before dinner.‡

OsoLean Unflavored (SKU 22101):

Mix 1 scoop into 8 fl. oz. of liquid or incorporate into food.

OsoLean Chocolate (SKU 22701):

Mix 1 scoop into 8–12 fl. oz. of liquid, adjusting to your preferred taste and thickness.

Serving Suggestions:

- Add to coffee or smoothies for a protein boost.
- Blend into oatmeal or baked goods to increase daily protein intake.
- Stir OsoLean Chocolate into hot water or warm milk for a rich, satisfying drink.

7 CAN OSOLEAN BE COMBINED WITH OTHER MANNATECH PRODUCTS?

Yes. OsoLean pairs perfectly with TruHealth™ Shake or TruHealth™ Satiety Capsules for a comprehensive fat-loss and metabolic-support system.*††

8 WHO SHOULD TAKE OSOLEAN?

OsoLean is ideal for adults seeking healthy fat loss, lean muscle preservation, or improved body composition.†† It's not formulated for children or pregnant/nursing women. Always consult a qualified healthcare professional before beginning any new supplement regimen.

9 IS OSOLEAN GLUTEN-FREE AND VEGETARIAN-FRIENDLY?

Yes. Both OsoLean and OsoLean Chocolate are gluten-free, low glycemic, kosher, and suitable for vegetarians.

10 ARE THERE SCIENTIFIC STUDIES SUPPORTING OSOLEAN?

Yes. In an eight-week study, participants using OsoLean powder with a reduced-calorie diet and exercise experienced:

- Significant fat loss compared to diet alone.*
- Improved lean mass-to-fat ratio.*
- Decreased BMI and waist circumference.*

11 CAN PROTEIN INTAKE SUPPORT IMMUNE SYSTEM?

Yes. Protein plays a key role in immune health, and research indicates that regular whey protein intake can help support a healthy immune system.*

12 CAN I USE OSOLEAN[®] LONG TERM?

Absolutely. OsoLean supports sustainable wellness by promoting healthy metabolism, satiety, muscle, and cellular health—making it an excellent long-term addition to your nutrition plan.*

Footnotes

† Glycans are beneficial, naturally occurring saccharides found in nature.

†† When combined with a reduced-calorie diet and exercise. Individual results may vary.

‡ Using OsoLean[®] powder as directed in the OsoLean Plan can aid in fat reduction. Do not use in diets supplying less than 400 calories per day without medical supervision.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.