



Maximize Your Multivitamin



GLUTEN FREE · DAIRY FREE · NO ARTIFICIAL FLAVORS/COLORS · VEGETARIAN FRIENDLY · VEGAN FRIENDLY · MSM

Don't settle for any multivitamin. You want Catalyst™ Multivitamin with Glyconutrients.† Catalyst Multivitamin tablets combine natural, plant-based nutrients with the best of scientifically-sourced ingredients. We've reformulated it to be better than ever, with **30 vitamins, minerals and nutrients** with maximum nutritional benefits and easy physical absorption. Infused with glycans, it can do more for your health than the multivitamin you may be taking now. Catalyst Multivitamin provides **at least 100% DV of 19 essential nutrients** your body needs, and also now includes the adaptogen, ashwagandha, to support your mood.*

Catalyst Multivitamin comes with a long list of benefits:

- Supports a healthy immune system.*
- Provides antioxidant (vitamins A, C and E) support.*
- Supports endocrine health.*
- Supports mood, the mind and the body's feeling of normalcy.*
- Supports the liver, kidneys and nervous system.*
- Supports healthy skin, hair, eyes and joints.*
- Supports healthy bones.*
- Supports cardiovascular health.*
- Maintains healthy blood pressure and blood sugar levels.*
- May increase energy and vitality.*
- Provides fat loss support.*‡
- Provides support for an array of your body's most important functions.*

Get more from your multivitamin than ever before.
Order Catalyst Multivitamin tablets today!

FUN FACT

Catalyst Multivitamin provides 100% of the Daily Value of vitamin D and iodine, and provides more than 100% of the Daily Value of vitamin A, vitamin C, vitamin E, thiamin, riboflavin, niacin, vitamin B6, Folate, vitamin B12, biotin, pantothenic acid, magnesium, zinc, selenium, copper, molybdenum and chromium.

†Glyconutrients are beneficial saccharides found in nature.
‡When taken in conjunction with a reduced calorie diet and exercise.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MANNATECH

Catalyst Multivitamin

Supplement Facts

Serving Size: 2 tablets | Servings Per Container: 60

	Amount Per Serving	% Daily Value
Vitamin A (as beta carotene and mixed carotenes)	750 mcg RAE	80%
Vitamin C (as ascorbic acid and acerola fruit extract)	200 mg	220%
Vitamin D (as ergocalciferol)	10 mcg	50%
Vitamin E (as d-alpha-tocopheryl succinate with mixed tocopherols and tocotrienols)	20 mg	130%
Thiamin (as thiamin mononitrate and from baker's yeast)	3 mg	250%
Riboflavin (as riboflavin and from baker's yeast)	3.4 mg	260%
Niacin (as niacinamide and from baker's yeast)	10 mg NE	60%
Vitamin B_6 (as pyridoxal-5-phosphate and from baker's yeast)	4 mg	240%
Folate (as calcium L-5 methyltetrahydrofolate and from baker's yeast) (equivalent to 333 mcg Folic acid)	555 mcg DFE	140%
Vitamin B_{12} (as cyanocobalamin and from baker's yeast)	12 mcg	500%
Biotin (as biotin from baker's yeast)	150 mcg	500%
Pantothenic Acid (as calcium D-pantothenate and from baker's yeast)	20 mg	400%
Choline (as choline bitartrate)	25 mg	5%
Calcium (as calcium citrate-malate)	25 mg	2%
Iodine (as potassium iodide)	75 mcg	50%
Magnesium (as magnesium oxide, magnesium bisglycinate)	335 mg	80%
Zinc (as zinc bisglycinate chelate)	7.5 mg	70%
Selenium (as L-selenomethionine)	100 mcg	180%
Copper (as copper glycinate)	1 mg	110%
Manganese (as manganese glycinate)	1 mg	45%
Chromium (as chromium nicotinate glycinate chelate)	200 mcg	570%
Molybdenum (as molybdenum glycinate chelate)	37.5 mcg	80%
Sodium	5 mg	<1%
Boron (as boron glycine)	1 mg	†
Vanadium (as vanadium amino acid chelate)	100 mcg	†
Ashwagandha** root and leaf extract (*Withania somnifera*)	62.5 mg	†
Inositol	12.5 mg	†
Alpha-Lipoic Acid	7.5 mg	†
Spirulina	100 mg	†
Coenzyme Q10	6 mg	†

† Daily Value not established.

Other Ingredients: Microcrystalline cellulose, dicalcium phosphate, stearic acid, croscarmellose sodium, rice hull concentrate, hydroxypropyl methylcellulose, Glyconutrient Proprietary Blend (Acacia gum, Arabinogalactan (from Larix spp. wood)§, gum tragacanth, Aloe vera extract (inner leaf gel powder)‡, Proprietary Berry Blend (strawberry, blueberry, raspberry, tart cherry, elderberry, cranberry), Proprietary Veggie Blend (broccoli, broccoli sprouts, tomato, carrot, spinach, kale), peppermint flavor, glycerin.

‡Manapol® Aloe vera extract

§ AmbroGuard® Arabinogalactan powder

**Sensoril® Ashwagandha

US.56201.44.003

Recommended Adult Use: Take two tablets twice per day (morning and afternoon) with 8 fl oz. of water or other liquid. For best results, take with food.

Warning: Do not take this product if you are pregnant, nursing or are planning to become pregnant. If you are taking medications, have a health condition or are planning a medical procedure, consult your health professional before use. Discontinue use and consult a doctor if any adverse reaction occurs.

Do not use if inner seal is missing or broken. Keep out of reach of children. Keep bottle tightly closed. Store in a cool, dry place.

‡When taken in conjunction with a reduced calorie diet and exercise.

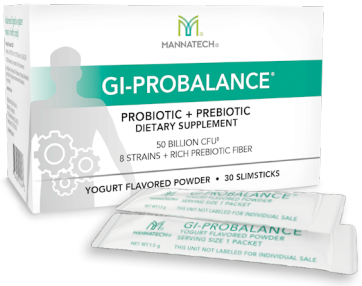
*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

COMPLEMENTARY PRODUCTS:
These great Mannatech products pair well with Catlyst Multivitamin:



Ambrotose LIFE® powder—

Ambrotose LIFE is the most important nutritional supplement for your health.* We believe it does more for your health than any other combination of products ever developed.* It can support your immune system, improve cognitive functions and support gastrointestinal health.*



GI-ProBalance®—

Formulated to nourish your gut with 8 strains of probiotics and rich prebiotic fibers. It supports the natural balance of good bacteria in your gut microbiome and helps maintain healthy digestion.*



Manapol® powder—

Manapol supports healthy cell-to-cell communication through a blend of specific plant saccharides including Glyconutrients.*

CONTACT ME TO GET THE BEST MULTIVITAMIN AROUND:

© 2021 Mannatech, Incorporated. All rights reserved. AmbroGuard, Ambrotose LIFE, Catalyst Multivitmin, GI-ProBalance, Manapol, Mannatech and Stylized M Design are trademarks of Mannatech, Incorporated. 22227.0221

SENSORIL® Ashwaganda extract is protected under U.S. Patent No. 7,318,938 and is a registered trademark of Natreon, Inc.

MANNATECH®