

Catalyst™ Multivitamin/Mineral Supplement

Supplement Facts		
Serving Size 2 caplets		
Servings Per Container 60		
	Amount Per Serving	% Daily Value
Vitamin A (as <i>Dunaliella salina</i> isolate [alpha-, beta-carotene, cryptoxanthin, zeaxanthin, lutein])	2,500 IU	50%
Vitamin C (as ascorbic acid)	180 mg	300%
Vitamin D (cholecalciferol)	200 IU	50%
Vitamin E (as d-alpha-tocopheryl succinate, mixed d-alpha-, d-beta-, d-delta-, d-gamma-tocopherols, and tocotrienols)	30 IU	100%
Thiamin (thiamin mononitrate)	3 mg	200%
Riboflavin (as riboflavin)	3.4 mg	200%
Niacin (as niacinamide)	10 mg	50%
Vitamin B6 (as pyridoxine hydrochloride, pyridoxal-5-phosphate)	4 mg	200%
Folic Acid	200 mcg	50%
Vitamin B12 (as cyanocobalamin)	12 mcg	200%
Biotin (as biotin)	150 mcg	50%
Pantothenic Acid (as calcium D-pantothenate)	20 mg	200%
Calcium (as calcium carbonate, calcium citrate-malate-glycinate)	500 mg	50%
Iodine (as potassium iodide)	75 mcg	50%
Magnesium (as magnesium oxide, magnesium glycinate)	245 mg	61%
Zinc (as zinc glycinate)	7.5 mg	50%
Selenium (as selenomethionine)	100 mcg	143%
Copper (as copper glycinate)	1 mg	50%
Manganese (as manganese glycinate)	1 mg	50%
Chromium (as chromium dinicotinate glycinate)	200 mcg	167%
Molybdenum (as molybdenum glycinate chelate)	37.5 mcg	50%
Sodium	5 mg	<1%
Spirulina Algae	100 mg	†
Ambroglycin®	92 mg	
Watercress (leaf)† Spinach (leaf)† Green Pea Fiber† Ginger (root)† Ambrotose® complex* (Arabinogalactan [from Larix spp. wood]† Aloe Vera (inner leaf gel powder)† Ghatti Gum† Gum Tragacanth†)		
Choline (as choline bitartrate)	25 mg	†
Inositol	12.5 mg	†
Phytonutrient Complex 2	25 mg	
Acerola Extract (fruit)† Orange (peel)† Rice Bran† Rose Hips† Soy Protein Isolate†		
Alpha-Lipoic Acid	7.5 mg	†
Coenzyme Q10	6 mg	†
Boron (as boron glycinate chelate)	1 mg	†
Vanadium (as vanadyl glycinate)	100 mcg	†

† Daily Value not established.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, silicon dioxide, magnesium stearate, pharmaceutical glaze.

US.12001.14.014

Please read the product labels for detailed information.