



TruHealth™ SHAKE

TOASTED VANILLA NUTRITIONAL SUPPLEMENT SHAKE

What Makes It Different

TruHealth Shake is more than a basic protein shake. It combines plant-based protein, prebiotic fiber, healthy fats, digestive enzymes, and Mannatech's glycan-focused nutrition support in a convenient daily shake designed to fit your modern wellness routine.

TRUHEALTH SHAKE contains protein that:

- helps build and repair body tissues;
- contributes to the maintenance of muscle mass;
- supports development of lean muscle mass when combined with regular resistance or weight training and a healthy, balanced diet;
- can be used as a workout supplement to support training and recovery; and
- provides nutritional support for an active lifestyle.

TRUHEALTH SHAKE also contains digestive enzymes that assist in the digestion of food.

