Help Keep your Heart and Bones Strong
With an Amazing Nutrient Combination

Adding Omega-3 to your diet can contribute to a balance of immune functions that help keep you healthy. With the addition of vitamin D, it’s the perfect complement for optimized bone, brain and heart health.*

While eating certain fish can provide omega-3 fatty acids, the truth is, not many of us consume the correct number of servings to benefit from them. Since it’s difficult to get the omega-3s and vitamin D you need, we made a supplement that provides both.

Break barriers with our Omega-3 with Vitamin D₃ supplement today!

**Benefits:**
- Helps support cardiovascular and heart health.*
- Helps support brain health and function.*
- Supports calcium absorption.*
- Has a subtle lemon flavor added to help you avoid those fishy burps.
- Two capsules provide 830 IU of vitamin D₃, an excellent source of Vitamin D.

**FUN FACT**

Omega-3 fatty acids are essential because the body can’t produce them! The only way to get them is from diet or supplements.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

100% Satisfaction Guarantee! If you try our products and are not completely satisfied for any reason, you can return them within 180 days of purchase for either an exchange of like products or a 100% refund.

For distribution in the U.S. only.

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Omega-3 with Vitamin D₃

If you want to help your heart and bones stay healthy, contact me today:

- **Omega-3 with Vitamin D₃**
  - **Recommended Adult Use:** Take two capsules once daily with 8 fl oz. water or other liquid.
  - **One serving of Mannatech’s Omega-3 supplement provides** 1110 mg of essential omega-3 fatty acids to support cardiovascular health and maintain brain function.*
  - Additionally, it contains 830 IU of natural vitamin D₃ to strengthen bones and promote a healthy balance of immune function.*

**Warning:**
- If you are pregnant, nursing, taking medication, have a health condition or are planning a medical procedure, consult your health professional before use. Discontinue use and consult a doctor if any adverse reaction occurs.
- Do not use if inner seal is missing or broken. Keep out of reach of children.
- Keep bottle tightly closed. Store in a cool, dry place.

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size 2 Capsules</th>
<th>Servings Per Container 30</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Amount Per Serving</strong></td>
<td><strong>% Daily Value</strong></td>
</tr>
<tr>
<td>Calories</td>
<td>20</td>
</tr>
<tr>
<td>Calories from Fat</td>
<td>20</td>
</tr>
<tr>
<td>Total Fat</td>
<td>2 g</td>
</tr>
<tr>
<td>Polyunsaturated Fat</td>
<td>1.5 g</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>3 mg</td>
</tr>
<tr>
<td>Vitamin D₃ (as cholecalciferol)</td>
<td>20.75 mcg 103%</td>
</tr>
<tr>
<td>Omega-3 Fatty Acids</td>
<td>1110 mg (1.11 g)</td>
</tr>
<tr>
<td>EPA (Eicosapentaenoic Acid)</td>
<td>660 mg</td>
</tr>
<tr>
<td>DHA (Docosahexaenoic Acid)</td>
<td>450 mg</td>
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</tbody>
</table>

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Purified fish oil concentrate, Kosher gelatin, glycerin, water, natural lemon flavor, mixed tocopherols (antioxidant to preserve freshness).

CONTAINS: FISH (ANCHOVIES, SARDINES) GLUTEN FREE

US.16601.30.010

Please read the product labels for detailed information.

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Keep This Product Cool

During periods of hot weather and/or while shipping to areas experiencing hot weather, the Omega-3 capsules may soften and stick together. While product efficacy is unaffected, consuming capsules that stick together, or which have melted together, may be unpleasant. For this reason, we suggest storing our Omega-3 product in a cool place and ordering enough of our Omega-3 product during cooler months so as to avoid possible heat-related shipping problems during hot weather.

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Complementary Products

The following Mannatech supplements combine well with Omega-3 with Vitamin D₃:

- **For brain health:** Ambrotose LIFE® citrus-flavored slimsticks or unflavored canister
- **For heart health:** CardioBALANCE®

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