TruHealth™ SATIETY

CONTROL CRAVINGS.* BALANCE METABOLISM.* FEEL AMAZING.*

Why it works:

TruHealth Satiety™ is the newest innovation in the TruHealth System, featuring the MetaboBiome™ Proprietary Blend and ThymoPro™ thymoquinone cutting-edge delivery technology. This advanced formula helps promote appetite control, optimize metabolism, and support healthy weight goals, making it easier to stay on track with your health goals.*†

key benefits

- **Feel Full:** Supports natural appetite control to help manage hunger and reduce cravings.*
- **Stay Balanced:** Promotes healthy blood sugar levels already in the normal range and supports lipid metabolism.*
- **Gut and Digestive Wellness:** Supports digestive health through ingredients like Manapol® and Konjac Gum in the Glycan Power Blend.*
- **Cellular and Immune Support:** Promotes cellular health and immune function with the MetaboBiome™ Blend.*



† When taken as directed and used in conjunction with a reduced-calorie diet and exercise.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

how it works

TruHealth Satiety™ combines powerful ingredients and advanced science for maximum results*



- **MetaboBiome™ Proprietary Blend:** A synergistic combination of Dihydroberberine, N-Acetyl-D-Glucosamine (NAG), and ThymoPro™ (Thymoquinone), to support metabolic and digestive health.*
- **BioSNEDS™ Technology:** Applied exclusively to Thymoquinone, this advanced delivery system enhances absorption and bioavailability.*
- **Whole-Body Wellness:** Provides optimal support for immune, digestive, and cellular health.*

complete your wellness journey

TruHealth Satiety™ works seamlessly with TruHealth Cleanse™ and TruHealth Shake™, forming a holistic system for weight management and overall vitality.*†

how to use it

Take **two capsules** 20-30 minutes before a meal.
Do not exceed 4 capsules daily.

Supplement Facts

Serving Size 2 capsules
Servings Per Container 30

	Amount Per Serving	% Daily Value
Chromium (as chromium picolinate)	100 mcg	286%
MetaboBiome™ Proprietary Blend		
N-acetyl-D-Glucosamine	200 mg	†
Dihydroberberine (GlucoVantage®)	200 mg	†
Thymoquinone• (from black cumin seed extract)	8 mg	†
Glycan Power Blend		
Glucomannan	225 mg	†
Aloe vera extract§ (inner leaf gel powder)	5 mg	†

†Daily Value not established

Other ingredients: Vegetable Capsule (Hypromellose), BioSNEDS™ ThymoPro™ Delivery Matrix (Rice Hull Fiber, Coconut/Palm Fruit Fatty Acids, Lecithin, Dextrin, Glycerin, Glycine, Beet/Cane Sugar, Citrus/Berry Extract), Silicon Dioxide, Magnesium Stearate

§Manapol® Aloe vera extract GLUTEN FREE

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