Superfood FAQs

1. What is Superfood Greens and Reds?

Mannatech's Superfood Greens and Reds is a great tasting drink, specifically formulated to help increase nutrition by providing powders of 16 important fruits and vegetables. Unlike other green drinks, Superfood contains soursop, betaine and our proprietary Glycans†, for a unique blend that actually tastes as good as you'll feel.

2. What are some of the important features of Superfood Greens and Reds?

We are proud to say that Superfood is:

- Gluten free.
- Keto friendly.
- Vegan.
- Free from soy, dairy, MSG, preservatives.
- Non-irradiated.

And of course, it contains Mannatech's proprietary Glycan blend!

3. What makes Superfood so unique?

Superfood contains some unique ingredients your average greens powders do not. Soursop, which is a powerful tropical superfruit containing antioxidants. Betaine, which is sourced from beetroot,which is a robust amino acid. And finally, our proprietary Glycan blend featuring AmbroGuard®.

4. What are you referring to by the "Greens and Reds"?

The "Greens and Reds" in the product name, refers to the broad colour spectrum of fruits and vegetables (16 to be exact) in the formula.

1. Soursop
2. Spinach
3. Carrots
4. Broccoli
5. Alfalfa
6. Aloe
7. Kale
8. Prune
9. Pomegranate
10. Strawberry
11. Raspberry
12. Blueberry
13. Tart Cherry
14. Acerola Cherry
15. Elderberry
16. Cranberry

5. Why was betaine specifically chosen as an ingredient?

The betaine in the Superfood formula is sourced from beetroot. Betaine was chosen as an ingredient because it is a powerful amino acid.

6. What is soursop?

Soursop (also known as graviola) is the fruit of Annona muricata, a broadleaf, flowering, evergreen tree. Native to the tropical regions of the Americas and the Caribbean. Soursop is known as an ancient, powerful superfruit that contains antioxidants and fibre.

7. What is the best time of the day to drink Superfood?

You can drink Superfood any time you want to add some fruits and vegetables to your diet!

8. How is Superfood different from NutriVerus™?

NutriVerus is the classic Mannatech supplement heavily focused on Glycans, vitamins and minerals with great nutritional benefits. It is a powder that can be taken by itself or added to food.

9. What is a "Greens" product?

The term "Greens" refers to blends of veggies, fruits, algae and/or grasses that have been dried and ground into powdered form.

10. Is Superfood suitable for children?

As with other Mannatech products, we recommend consumption of Superfood by children be approved by a health care provider. If you have questions for use beyond the directions indicated on the label, you should always speak to a qualified healthcare professional.



†Glyconutrients are beneficial saccharides found in nature.

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