



Get More from Your Combination Product A Little Perk of Energy



Combination products are everywhere and this can make it difficult to decide which is the right one for you. Catalyst™ caplets stand apart by offering antioxidants and herbal extracts, as well as a comprehensive range of vitamins and minerals your body needs to help keep you healthy.

To get more out of your Combination Product, start taking Catalyst caplets today!

Benefits:

- Antioxidant support.
- Calcium and vitamin D₃ contribute to the development and maintenance of bones and teeth.
- Zinc, vitamins A and C, and Larch Arabinogalactan help to maintain immune function.
- Alpha Lipoic Acid provides antioxidants for the maintenance of good health and helps to promote healthy glucose metabolism.
- Provide vitamins B and E, magnesium, alpha-lipoic acid, choline, selenium, manganese, and chromium.
- Manganese is an essential nutrient that is involved with normal cell growth and generation of the immune response.

FUN FACT

The best source of vitamin D for your body is actual sunlight! However, most people don't spend enough time outdoors, so it's crucial to get your vitamin D from natural supplements.

Catalyst Supplement Facts

Each caplet contains/Elke kaplette bevat:

Vitamins/Vitamiene	
Vitamin C (ascorbic acid)/Vitamiene C (askorbien-suur)	90 mg
Vitamin B ₅ (pantothenic acid as D-calcium pantothenate)/Vitamiene B ₅ (pantoteensuur as kalsium-D-pantoteenaat)	10 mg
Vitamin B ₃ (niacinamide)/Vitamiene B ₃ (niasienamied)	5 mg
Vitamin B ₆ (as pyridoxine hydrochloride & pyridoxal-5-phosphate monohydrate)/Vitamiene B ₆ (as piridoksiehidrochloried & piridoksal-5-fosfaatmonohidraat)	2 mg
Vitamin B ₂ (riboflavin from <i>Ashbya gossypii</i> yeast)/Vitamiene B ₂ (riboflavien van <i>Ashbya gossypii</i> gis)	1,7 mg
Vitamin B ₁ (as thiamine mononitrate)/Vitamiene B ₁ (as tiamienmononitraat)	1,5 mg
Vitamin A (beta-carotene)/Vitamiene A (beta-karoteen)	253 IU
Vitamin D ₃ (cholecalciferol)/Vitamiene D ₃ (cholekalsiferol)	100 IU
Vitamin E (as d-alpha-tocopheryl succinate, mixed tocopherols and tocotrienols)/Vitamiene E (as d-alfa-tokoferielsuksinaat, gemengde tokoferole en tokotrienole)	15 IU
Folic acid/Foliensuur	100 µg
Biotin/Biotien	75 µg
Vitamin B ₁₂ (Cyanocobalamin)/Vitamiene B ₁₂ (Sianokobalamin)	6 µg
Vitamin D ₃ (Cholecalciferol)/Vitamiene D ₃ (Cholekalsiferol)	100 IU
Minerals/Minerale	
Calcium (as calcium carbonate & calcium citrate malate glycinate)/Kalsium (as kalsiumkarbonaat & kalsiumsitraat-malaat-glisinaat)	250 mg
Magnesium (as magnesium oxide & magnesium amino acid chelate)/Magnesium (as magnesiumoksied & magnesiumaminozuurcheelaat)	57,5 mg
Zinc (as zinc bisglycinate chelate)/Sink (as sinkbisglisinaatcheelaat)	3,75 mg
Boron (as boron amino acid chelate)/Boor (as boraminozuurcheelaat)	0,5 mg
Copper (as copper bisglycinate)/Koper (as koperbisglisinaat)	0,5 mg
Manganese (as manganese bisglycinate chelate)/Mangaan (as mangaanbisglisinaatcheelaat)	0,5 mg
Chromium (as chromium nicotinate glycinate)/Chroom (as chroomnikotinaat-glisinaat)	45 µg
Selenium (as selenium L-methionine/as selenium-L-metionien)	50 µg
Vanadium (as vanadium amino acid chelate/as vanadiumaminozuurcheelaat)	40,0 µg
Iodine (as potassium iodide)/Jodium (as kaliumjodied)	37,5 µg
Molybdenum (as molybdenum amino acid chelate)/Molibdeen (as molibdeenaminozuurcheelaat)	18,75 µg
<i>Arthrospira plantensis</i> Gomont (Spirulina) powder/poeier	50 mg
Ambroglycin®	46 mg
<i>Nasturtium officinale</i> R.Br (Watercress/Bronkorsblaar) leaf powder/blaarpoeier	16 mg
<i>Pisum sativum</i> L. (Green pea/Groen-ertjie) fiber/vesel [dried field pea hulls/gedroogde veld-ertjedoppe]	9,7 mg
<i>Spinacia oleracea</i> L. (Spinach/Spinasie) leaf powder/blaarpoeier	9,7 mg
<i>Zingiber officinale</i> Roscoe (Ginger/Gemmer) root powder/wortelpoeier	9,7 mg
Ambrotose® Complex/Ambrotose® Kompleks	1 mg
<i>Larix laricina</i> (Du Roi) K. Koch or/of <i>Larix occidentalis</i> Nutt. (Larch)	0,4 mg
Arabinogalactan/Lariks Arabinogalaktaan	0,2 mg
<i>Aloe vera</i> (L.) Burm.f. (Aloe/Aalwyn) [inner leaf juice powder/binneste blaarsappoeier]	0,2 mg
<i>Anogeissus latifolia</i> (Roxb. Ex DX.) Wall. Ex Guillem. & Perr. (Ghatti gum/Ghatti gom) [exudate/eksuadaat]	0,2 mg
<i>Astragalus gummifer</i> Labill. (Tragacanth/Tragakant)	0,2 mg
Lecithin/Lestien (from/van <i>Helianthus annuus</i> L. seed/saad)	33,8 mg
Phytonutrient complex 2/Fitovoedingskompleks 2	12,5 mg
<i>Citrus x aurantium</i> L. (Orange/Lemoen) [peel powder/skilpoeier]	2,5 mg
<i>Glycine max</i> L. (Soy Protein Isolate/Sojaproteienisolaat)	2,5 mg
<i>Malpighia glabra</i> L. (Acerola/Aserola) [fruit, 4:1 extract providing 10 mg of dried herb equivalent/vrug, 4:1 ekstrakt wat 10 mg gedroogde kruie-ekwivalent lewer]	2,5 mg
<i>Oryza sativa</i> L. (Rice bran/Rysstysel) powder/poeier	2,5 mg
<i>Rosa canina</i> L. (Rose hip/Roosbottel) powder/poeier	2,5 mg
Inositol	6,25 mg
Alpha Lipoic Acid/Alfa-lipoiensuur	3,75 mg
Coenzyme Q10 (Ubidecarenone)/Koënsiem-Q10 (Ubidekarenoon)	3 mg
Sugar free/Suikervry.	

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Indications/Indikasies: Catalyst is a combination complementary medicine intended to supplement your diet with vitamins, minerals, trace minerals, antioxidant and Ambrotose® complex to assist and support general well-being./Catalyst is 'n kombinasie aanvullende medisyne wat help om die dieet aan te vul met vitamiene, minerale, spoorminerale, anti-oksidente en Ambrotose®-kompleks wat help met die ondersteuning van algemene welsyn.

Dosage and directions for use/Dosis en gebruiksaanwysings:

Take two caplets twice daily (in the morning and afternoon) with 250 mL of water or juice./Neem twee kaplette met 250 mL water of sap, twee keer per dag (in die oggend en middag).

Sugar free/Suikervry

Warnings and special precautions/Waarskuwings en spesiale voorsorgmaatreëls:

If you are pregnant, breastfeeding, taking medicines, have a health condition or are planning a medical procedure, consult your healthcare provider before use. Discontinue use and consult a doctor if any adverse event occurs./Indien jy swanger is, borsvoed, ander medisyne gebruik, 'n gesondheidstoestand het of 'n mediese prosedure beplan, raadpleeg jou gesondheidsorgverskaffer. Staak die gebruik en raadpleeg 'n dokter indien enige ongunstige effekte voorkom.

Storage instructions/Bergingsaanwysings: Store at or below 25 °C, in a dry place. Keep the bottle tightly closed. KEEP OUT OF REACH OF CHILDREN. Do not use if inner seal is missing or broken./Bêre by of onder 25 °C, in 'n droë plek. Hou die bottel dig toe. HOU BUITE BEREIK VAN KINDERS. Moenie gebruik indien die binneste seël weg of stukkend is nie.

COMPLEMENTARY PRODUCTS: These Mannatech products pair well with Catalyst.



PLUS™ – Specially formulated with wild yam and beta-sitosterol to support hormonal effects and overall endocrine health, and l-lysine for the maintenance of good health.



Omega-3 with Vitamin D3 – Supports the maintenance of good health and helps improve and maintain cardiovascular health and brain health and function.



Manapol® – Manapol is 100% Aloe vera gel powder that is harvested from volcanic soil for ultra-purity. Including the very high molecular weight acemannan polysaccharides (1-2 million daltons) as defined by the American Chemical Society, Manapol provides a very rich natural source of Glycans. The special process by which Manapol is harvested and processed may provide for a more potent and effective source of Glycans.

**IF YOU WANT A LITTLE PERK FROM YOUR MULTIVITAMIN,
CONTACT ME TODAY:**

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