TruEdge™ COFFEE • ENERGY FAQ

What is TruEdge Coffee and Energy?

Life moves fast, and sometimes it's hard to keep up. Imagine a day where your mood stays positive, your mind stays sharp, and your body feels energized from morning to night. TruEdge Coffee and TruEdge Energy each provide a **FEEL BETTER. FOCUS BETTER. PERFORM BETTER** formula of ingredients to help you through your day.*

Feel Better - Mood Boost

Start your day with a smile. TruEdge's unique blend helps you face challenges head-on with positivity.* Because when you feel good, everything else falls into place.*

Focus Better - Mental Clarity

Find your focus, no matter how long the to-do list gets. TruEdge promotes mental clarity to help you stay sharp and in control, so you can power through your day.*

Perform Better - Physical and Mental Energy

Whether you're working out, chasing goals, or just juggling life, TruEdge supports both physical and mental stamina, helping you push your limits and recover faster.*

What are the active ingredients that set TruEdge Coffee and TruEdge Energy apart from the other coffee and energy products on the market?

TruEdge is crafted with cutting-edge ingredients to give you the energy and focus you need, all while supporting your body's natural mood and stress management.*

- **Natural Caffeine:** Sustained energy throughout the day *
- **L-theanine & L-tyrosine:** For stress and mood support*.
- **Colostrum:** Supports memory and cognitive function*.
- **Zynamite® Mango leaf extract:** Supports your mental and physical reaction time.*

What are the benefits of TruEdge Coffee and TruEdge Energy that make it different than other coffee and energy drinks?

FEEL BETTER.

- Mood support*
- Stress management support*
- Supports wellness*

FOCUS BETTER.

- Supports Focus*
- Nootropic support*
- Help gain razor sharp focus*
- Boosts mental alertness*
- May help reduce brain fog*
- Promotes mental clarity*

PERFORM BETTER.

- Helps to increase peak and mean power output*
- Helps to increase VO2 max*
- Can help reduce muscular fatigue*
- Helps to improve reaction time for both mental and physical performance*
- May help improve problem-solving skills*
- Boost memory*

Who are the target consumers of TruEdge Coffee and TruEdge Energy?

Students, professionals, athletes, gamers, and caregivers.

Are TruEdge Coffee and TruEdge Energy vegetarian friendly?

Absolutely!

Does the new TruEdge Coffee have the original "complete" cup of coffee blend that GlycoCafe had?

Yes!

TruEdge Coffee uses all three parts of the coffee fruit for one complete, healthy beverage:

1. Roasted organic Arabica coffee beans
2. Green coffee beans (unroasted)
3. The coffee berry

Why was Arabica coffee chosen?

The roasted Arabica is known for helping to improve cognitive function, alertness and focus and even providing high antioxidant support*. Since it has a superior flavor than Robusta (which is often used in instant coffee), it was a no brainer.

What is "green coffee"?

Green coffee is derived from the seeds of the coffee plant that haven't been roasted yet. The usual process of roasting the beans tends to remove beneficial amounts of chlorogenic acid. Leaving them in their natural form gives more benefits*.

What is a coffee berry?

This is the outside of the coffee fruit. Sometimes called the coffee cherry, it's red when ripe and offers a high concentration of polyphenols, which are powerful antioxidants*.

Do TruEdge Coffee and TruEdge Energy have caffeine in them?

Yes they both contain the same amount, approximately 135 mg per serving.

Can I mix TruEdge Coffee and TruEdge Energy with other Mannatech products?

Yes, TruEdge Coffee and TruEdge Energy mix great with Ambrotose® powders, TruHealth Shake and many other products to enhance your experience.

Are TruEdge Coffee and TruEdge Energy suitable for everyone?

No. These products, like all caffeinated drinks, are not intended or recommended for children and those sensitive to caffeine. Pregnant or nursing women, those with a medical condition and those taking medication should consult a healthcare professional before use.

What are some of the benefits of TruEdge Coffee and TruEdge Energy?

No MSG.

Free from artificial flavors.

Free from soy.

No genetically modified DNA.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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